|  |  |
| --- | --- |
| Food: | Spirits (Gin) |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Suggested Brands | Size / Weight (ml)Per bottle | Number of Calories(Kcal) | Saturated Fat (g) | Carbohydrate (g) | Price |
| Gin Gordons | 1 L | 52 | 0 | 0 | 16.00 |
| Sainsbury's Dry Gin | 1 L | 82 | 0 | 0 | 15.40 |
| Sainsbury's Gin, | 70 cl | 83 | 0 | 0 | 10.00 |
| Waitrose London Dry Gin | 1 L | 83 | 0 | 0 | 16.35 |
| Tesco Dry London Gin | 1 L | 86 | 0 | 0 | 15.00 |
| Gin Bombay Sapphire | 1 L | 94.4 | 0 | 0 | 20.00 |
| Sainsbury's Blackfriars Gin, Taste the Difference | 70 cl | 95 | 0 | 0 | 16.00 |
| Ungava Canadian Premium Gin | 29.5 | 99 | 0 | 0 | 27.00 |
| M Best Gin | 70 cl | 99 | 0 | 0 | 16.00 |
| ASDA London Dry Gin  | 1 L | 107 | 0 | 0 | 14.95 |
| Bombay London Dry Gin | 1 L | 107 | 0 | 0 | 16.00 |
| Tanqueray London Dry Gin | 70 cl | 107 | 0 | 0 | 16.00 |
| Opihr Oriental Spiced London Dry Gin | 70 cl | 107 | 0 | 0 | 18.00 |
| Morrisons London Dry Gin | 70 cl | 107 | 0 | 0 | 11.00 |
| Gordon's Sloe Gin | 70 cl | 133 | 0 | 0 | 15.00 |

* Shows Per 40 ml shot

Supermarkets

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ASDA | Tesco | Morrison’s | Sainsbury’s | Waitrose | Able & Cole | ICELAND |
| YES | YES | YES | YES | YES | YES | YES |

*N/A Indicates Either Nutrition Information Not Available On The Company’s Website Or The Company Doesn’t Supply This Brand.*